



Global Grassroots

CONSCIOUS SOCIAL CHANGE FOR WOMEN

Host an African Dinner Party

Consider inviting a small group of friends to a dinner where you serve African cuisine with South African wines. Perhaps show one of our short films on Global Grassroots' work or regional issues, and invite your guests to engage in discussion.

Order a DVD of the following videos:

[Supporting Survivors](#) regarding Global Grassroots' work with vulnerable women change agents in post-conflict Africa. Consider choosing one project from our list of [projects in development](#) which you invite your guests to support. Read a testimony or share a short video about their work.

[Sexual Violence in the Democratic Republic of Congo](#)
[Download our discussion guide to inspire your conversation](#)

Sources for African cuisine and recipes:

<http://www.thegutsygourmet.net/africa.html>

<http://www.sallybernstein.com/food/cuisines/africa/>

<http://www.columbia.edu/cu/lweb/indiv/africa/cuvl/cooking.html>

http://www.africa.upenn.edu/Cookbook/about_cb_wh.html

Sources on African wines:

<http://www.wineanorak.com/southafricanwine.htm>

<http://www.thewinedoctor.com/regionalguides/southafrica.shtml>

<http://www.nytimes.com/2009/01/21/dining/reviews/21wine.html>

<http://www.time.com/time/travel/article/0,31542,1918808,00.html>